

**Moving in Stillness
Qigong Teacher Certification Application**

Mission Statement

Moving in Stillness was created to provide clear instruction in the art, science, and theory of Qigong to all levels of students-practitioners and those who aspire to become Qigong teachers.

Specialize in Qigong for health, healing, and longevity. We welcome students with all levels of experience. We evaluate prior Qigong training and related experience to provide guidance and appropriate instruction for completion of all levels of the certification program.

Qigong Tracks (descriptions)

Level I Qigong Practitioner Certification: 100 hours of formal Qigong training recognizes an individual's commitment towards the study and practice of Qigong.

Level II Qigong Instructor Certification: 200 hours of formal Qigong training qualifies an individual to teach and promote Qigong.

Personal Information

Name: _____
Address: _____ City: _____
State: _____ Zip: _____ Email: _____
Birth Date: _____ Age: _____ Telephone: _____
Circle One: Female / Male

Level of Certification

** Please indicate level of certification you are applying for by marking the appropriate level*

<input type="checkbox"/> Level I	<input type="checkbox"/> Level II
\$125.00	\$200.00

Personal Practice

Beginning date of Qigong practice (month/year): _____

Personal practice schedule and routine:

Formal Qigong Training

Total Classroom Hours: _____

**Make copies of this page if more space is needed*

Dates of Training	Form/Course Description	Teacher/Organization	Classroom Hours

Related Studies

Total Classroom Hours: _____

Dates of Training	Form/Course Description	Teacher/Organization	Classroom Hours

Teaching Experience

Beginning date of teaching Qigong (month/year): _____

Teaching schedule:

Course/Subject	Duration / Frequency	Student Population	Organization/Location

Please tell us more about your teaching experience:

Name: _____ Signature: _____

Date: _____

Questions and concerns, please contact:

Karl Ardo: karl@movinginstillness.com / 443-415-1061

For the curriculum outline, please visit:

www.movinginstillness.com or

Completed application

Email to: Karl@movinginstillness.com