



Tai Sophia Institute
for the **Healing Arts**

To Whom It May Concern:

I highly recommend Mr. Karl Ardo to a prospective organization seeking an exceptionally qualified and inspiring instructor. Mr. Ardo is an instructor for community and graduate education at Tai Sophia Institute, since 2001.

Founded in 1975, Tai Sophia Institute offers graduate degree programs in Acupuncture, Herbal Medicine, and Applied Healing Arts. In addition to its degree programs, the Institute offers a variety of wellness educational programs that are open to the community. Mr. Ardo teaches several courses including ten-week sessions of Medical Qi Gong, Advanced Medical Qi Gong, and Meditation. He teaches one-day programs such as Taiji Ruler and Qi Gong Healing Techniques and several introductory classes on various topics. In addition, Tai Sophia routinely requests that Mr. Ardo represent the Institute in presentations off-site, including Sinai Hospital of Baltimore, Kennedy Krieger Institute and University of Maryland.

In every case, Mr. Ardo presents himself and his work with a high level of integrity. He is an enthusiastic partner in promoting his programs in the region and he can be counted on as a true partner in the scheduling and planning process. He conducts himself with professionalism and shows exceptional commitment to the success of each offering.

Mr. Ardo enjoys great success - his programs are always filled, with many participants deepening their practice with additional offerings by Karl. Participant feedback from Mr. Ardo's students, both through formal evaluations and anecdotally is very positive, exceeding expectations. Participants enjoy his dynamic presence, his sense of humor, and his ability to make everyone feel welcomed and honored. Moreover, students are able to learn and master the material presented with ease.

Mr. Ardo's service to Tai Sophia Institute is extraordinary, and I have no reservations about recommending him for any professional endeavor. Please do not hesitate to contact me for further information.

Sincerely,

Mary Kay Kenney
Director of Community Programs

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